

# Camrose Helps Food Drive Toolkit

## Thank You for Making a Difference

By hosting a food drive for Camrose Helps, you're helping ensure that individuals and families in our community have access to the food they need. Every can, box, bag, or gift card collected adds up. We're so grateful you've chosen to be a part of this effort!

## What's Inside Your Toolkit

- **Posters:** ready to print with a space for you to add information about your event.
- **Social Media Graphics & Sample Text:** easy posts to spread the word.
- **Bin Labels:** to mark your collection boxes clearly.
- **Donation List:** most-needed items to guide giving.
- **Cut & Grab Slips:** printable list that can be cut up into small slips, so that donors can choose an item from the bowl to give.

## Steps For Running Your Drive

1. Pick a timeframe for your drive.
2. Promote your drive using the posters and social media tools supplied.
3. Set up your collection bins
4. Remind people of needed items by sharing the list or Cut & Grab Slips.
5. Drop off the food once your drive is complete.

## Deliveries

Deliveries are accepted at Camrose & District FCSS during their office hours:

- Monday – Thursday: 9:00am–12:00pm & 1:00pm–4:00pm
- Friday: 9:00am–12:00pm

After hour deliveries and pick-ups can be arranged with advanced notice by contacting [info@camrosehelps.ca](mailto:info@camrosehelps.ca) or calling 780-672-0141

## **Consider Fundraising Too**

Food drives provide a large amount of food donations that support food security in our community. Financial donations are essential as well. Not only do they help maintain the refrigerators and freezers that hold fresh food donations from local stores, they also enable us to purchase needed food at discounted prices through local businesses.

We've provided a special poster with a link to our donation page so people can make donations securely online. If you choose to collect in-person donations on our behalf cheques should payable to Camrose Helps Foundation. Tax receipts for donations under \$20 are only issued for online donations.

## **Questions or Need Support?**

Contact [info@camrosehelps.ca](mailto:info@camrosehelps.ca) or call 780-672-0141

# Needed Food Items

- Canned Soups
- Canned Vegetables and Fruit
- Canned Meat and Fish
- Oats
- Peanut Butter
- Jam
- Mayonnaise
- Vinegar
- Pasta & Pasta Sauce
- Juice
- Oil
- Tomato Sauce
- Tomato Paste
- Dried Lentils and Beans
- Baking Powder and Baking Soda
- Dates
- Rice
- Spices (cumin, turmeric, coriander, garlic, paprika, ginger, salt, pepper, chilies)
- Crackers
- Cereal
- All Purpose Flour
- Whole Wheat Flour
- Tea (green, rooibos, orange pekoe)
- White and Brown Sugar

## Grocery Gift Cards

By giving grocery gift cards, we're able to offer dignity through choice. Then families can purchase items that aren't always possible for us to provide.